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*In some countries an increasing number of people are suffering from health problems as a result of eating too much fast food. It is therefore necessary for governments to impose a higher tax on this kind of food. To what extend do you agree or disagree with this option?*

Nowadays, people are consuming wide range of unhealthy, processed and high-calorie fast foods based on their regular diet. It has resulted in unavoidable consequences such as obesity, heart diseases, diabetes and even variety of cancers. The above-mentioned phenomenon must be controlled urgently by the governments by limiting rules like imposing tax on high-fat high-sugar products. This idea will be critiqued in next paragraphs.

There is no doubt that this notion of placing additional tax on fast food meals has been similarly practicing on Tobacco, Cigarettes and Alcohol. It could brilliantly discourage consumers from excessive consumption of the above high risk products. On the other words, the more governments impose tax on fatty foods, the harder to be brought in by individuals due to unaffordable prices. Indeed, middle class citizens and budget-conscious families would probably alter their common diet to more economical and healthier ones.

No matter how severely governments raise the revenue by vast amounts of taxes, without the other extra alternatives there will be regressive. It is apparent that by collecting more money, welfare services funds would be enriched. However, it would not directly deter the consumption rate in long term. There are number of measures to be taken by the authorities including but not limited to broadcasting awakening advertisements, forbidding fast food brands billboards around the cities and launching cultural campaigns against the hectic lifestyle. Not only are they able to enlighten the minds, but also people smoothly move to nutritious foods.

To sum up, imposing some rules or taxes on high-fat foods is considered radical tactical shift to protect people health in a short time. In addition, other cultural strategies should be taken into account to tackle this issue completely.